|  |
| --- |
| **CLEAR LIQUID DIET**  **You should have as much CLEAR LIQUIDS as possible.**  **\*\*NO SOLIDS OR DAIRY\*\***   * **Water** * **Clear fruit juices (apple, white grape, white cranberry)** * **Tea or coffee WITHOUT milk, creams, powder creamery** * **Soda (7UP, Sprite, Seltzer, Ginger Ale)** * **Chicken or beef bouillon** * **Jell-O (NO RED, NO PURPLE, NO BLUE)** * **Italian ices or popsicles (NO RED, NO PURPLE, NO BLUE)** * **Gatorade (NO RED, NO PURPLE, NO BLUE)** * **Hard candies** * **Arizona Green Tea or Arnold Palmer** * **Wonton Soup BROTH ONLY** * **ENSURE Clear Vanilla** |

Clear liquids okay up until 6 hours prior to your procedure time. NOTHING by mouth after that, until you leave your procedure.

-Thank you