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| **CLEAR LIQUID DIET****You should have as much CLEAR LIQUIDS as possible.****\*\*NO SOLIDS OR DAIRY\*\**** **Water**
* **Clear fruit juices (apple, white grape, white cranberry)**
* **Tea or coffee WITHOUT milk, creams, powder creamery**
* **Soda (7UP, Sprite, Seltzer, Ginger Ale)**
* **Chicken or beef bouillon**
* **Jell-O (NO RED, NO PURPLE, NO BLUE)**
* **Italian ices or popsicles (NO RED, NO PURPLE, NO BLUE)**
* **Gatorade (NO RED, NO PURPLE, NO BLUE)**
* **Hard candies**
* **Arizona Green Tea or Arnold Palmer**
* **Wonton Soup BROTH ONLY**
* **ENSURE Clear Vanilla**
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Clear liquids okay up until 6 hours prior to your procedure time. NOTHING by mouth after that, until you leave your procedure.

-Thank you